

# NARRABEEN SWIMMING

## 2020-21 SERIES CLUB CHAMPIONSHIPS

**23 October 2020 – 12 March 2021**

**Sydney Academy of Sport & Recreation, Narrabeen**

### ENTRIES:

\$2.00 per event – **ONLINE ENTRIES ONLY**

Enter via Swim Central

([www.swimcentral.swimming.org.au](http://www.swimcentral.swimming.org.au))

### RULES:

SNSW approved meet under SNSW and SAL rules.

**Swimmers will compete in ALL sessions based on their age at 23 October 2020.**

All events are times finals.

Late entries not accepted.

### MEET DIRECTOR:

The Meet Director reserves the right to vary the program.

Entries are accepted on the basis that a parent/guardian is available to timekeep, officiate, or assist as required to help run the meet.

### ENQUIRIES:

Email Race Secretary:

[racesecretary.narrabeensc@gmail.com](mailto:racesecretary.narrabeensc@gmail.com)

### OPENING & CLOSING DATES:

	Entries open:	Entries close:
<b>Session 1</b>	1 Oct 2020	20 Oct 2020, 9pm
<b>Session 2</b>	26 Oct 2020	17 Nov 2020, 9pm
<b>Session 3</b>	24 Nov 2020	9 Feb 2021, 9pm
<b>Session 4</b>	16 Feb 2021	9 Mar 2021, 9pm

### AWARDS:

**Results and points awarded in each age group in 50m & 100m individual events incl 200IM.**

200m individual stroke events will record times but will not accrue points.

Records will be acknowledged relative to the age of the swimmer **on the day of the swim**, regardless of which age group the swimmer is competing in. (eg. a swimmer who has turned 12 during the event between October and March whilst competing in the 11y/o category, can set a 12y/o record, but not an 11y/o record.

Ribbons will be presented to placegetters in each age group on the day of the meet.

Trophies are awarded to the top three point-scorers in each age category, male and female, at the annual NBSC Presentation Night.

Club Championship results will be posted on the website, [www.narrabeensc.swimming.org.au](http://www.narrabeensc.swimming.org.au).

<b>SESSION 1 – 23 OCTOBER 2020</b>			
<b>(warm-up 4.00pm) START 5.00pm</b>			
Male	Female	Age	Event
1	2	10/u	100m Individual Medley
3	4	Open	200m Individual Medley
5	6	10/u	50m Freestyle
7	8	11/12	50m Freestyle
9	10	13/14	50m Freestyle
11	12	15/o	50m Freestyle
13	14	Open	200m Backstroke
15	16	13/u	8 x 25m FS Relay

<b>SESSION 2 – 20 NOVEMBER 2020</b>			
<b>(warm-up 4.00pm) START 5.00pm</b>			
Male	Female	Age	Event
1	2	10/u	100m Freestyle
3	4	11/12	100m Freestyle
5	6	13/14	100m Freestyle
7	8	15/o	100m Freestyle
9	10	10/u	50m Backstroke
11	12	11/12	50m Backstroke
13	14	13/14	50m Backstroke
15	16	15/o	50m Backstroke
17	18	10/u	50m Breaststroke
19	20	11/12	50m Breaststroke
21	22	13/14	50m Breaststroke
23	24	15/o	50m Breaststroke
25	26	Open	200m Butterfly
27		Open	4 x 50m FS Relay (mixed)

# NARRABEEN SWIMMING

## 2020-21 SERIES CLUB CHAMPIONSHIPS

**23 October 2020 – 12 March 2021**

**Sydney Academy of Sport & Recreation, Narrabeen**

<b>SESSION 3 – 12 FEBRUARY 2021</b>			
<b>(warm-up 4.00pm) START 5.00pm</b>			
Male	Female	Age	Event
1	2	10/u	100m Backstroke
3	4	11/12	100m Backstroke
5	6	13/14	100m Backstroke
7	8	15/o	100m Backstroke
9	10	10/u	100m Butterfly
11	12	11/12	100m Butterfly
13	14	13/14	100m Butterfly
15	16	15/o	100m Butterfly
17	18	Open	200m Breaststroke
19	20	14/o	8 x 25m FS Relay

<b>SESSION 4 – 12 MARCH 2021</b>			
<b>(warm-up 4.00pm) START 5.00pm</b>			
Male	Female	Age	Event
1	2	Open	200m Freestyle
3	4	10/u	50m Butterfly
5	6	11/12	50m Butterfly
7	8	13/14	50m Butterfly
9	10	15/o	50m Butterfly
11	12	10/u	100m Breaststroke
13	14	11/12	100m Breaststroke
15	16	13/14	100m Breaststroke
17	18	15/o	100m Breaststroke
19		Open	4 x 50m MR (mixed)

### ONLINE ENTRIES FOR EACH SESSION:

Each session is being conducted as a separate meet, with four (4) meets making up the 2020-21 NBSC Club Championship Series.

Online entries are required SEPARATELY for each of the four individual meets. Refer above for entry open and closing dates.

### TEAMS:

Teams will be selected by team captains and coaching staff prior to commencement of Session 1. Swimmers selected in team will swim in the same team at ALL SESSIONS.

### RELAYS:

Team Captains will select their most competitive relay teams on the day of competition.

Relays will earn DOUBLE POINTS in the team point score.

### ELIGIBILITY:

NBSC Club Championships are open to any member holding current membership in the following categories:

- Swimmer (any age category)
- Secondary \*

\* Secondary members are eligible to complete, record times and contribute to team point score, but are ineligible to accumulate individual points towards age champion awards.

### INDIVIDUAL MEDLEY:

Swimmers competing in 10/u age category may compete in the 100IM OR 200IM, but not in both.

Points for 200IM to be awarded in each age category.